

**Stereotype: To be bisexual you must be attracted to all genders equally**



**Response: Some people may be equally attracted to all genders, some may be more attracted to a certain gender, some people may be attracted to different genders in different ways.**

**Bisexuality, like heterosexuality, is experienced in many different ways and there is no 'one way' to be bisexual.**

**Stereotype: That bisexuality is a step towards people being gay or a lesbian and is not a real and valid sexuality**



**Response: Bisexual is a very real and valid identity. People can be bisexual even if they have never had a relationship with people of different genders/the same gender. Invalidating somebody's experiences and identity and stating that they must be 'gay or heterosexual' is biphobia. Somebody may identify as bisexual their whole life, somebody may identify as bisexual for some of their life and then identify as gay or heterosexual, these are all valid experiences. Sexuality and self-discovery are not linear processes and everyone's journey to understanding their sexual orientation will be different.**

**Stereotype: You are only really bisexual if you have had relationships with people of the same gender as you**



**Response: Bisexual people do not need to have had relationships with people of the same gender to know they are attracted to different genders. That is like saying to know you are heterosexual you must have first been in a relationship with somebody of a different gender first. Sexuality is not based on who you have dated but simply who you are attracted to. Bisexual people that date somebody of the same or different gender are still bisexual, having a partner does not make them heterosexual or gay/lesbian.**

**Stereotype: Bisexual  
people are more likely  
to cheat or be  
unfaithful**



**Response: Being bisexual doesn't mean that person is incapable of being in a committed relationship. Bisexual people are no more likely to cheat than heterosexual or gay/lesbian people. It simply means that they are open to having relationships with people of different genders. Bisexual people are not attracted to everyone, in the same way heterosexual people are not attracted to everybody of the opposite gender. Many bisexual people have happy committed relationships and marriages.**